

#### **Mission Statement**

To be committed to the wellness of individuals, their families, and the community through prevention, intervention, treatment, and education.

#### **Vision**

Our Vision is to assure the accessibility of effective community services that empower individuals and families to achieve an enhanced quality of life.

## **Services Area:**

- Melbourne Palm Bay Cocoa
- Rockledge Merritt Island Titusville.

#### **Core Values**

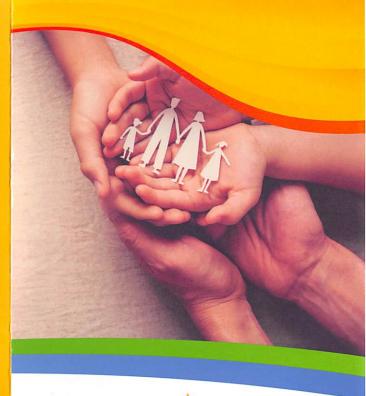
Our focus is on quality of care and service to our clients through:

- Acceptance of everyone's right to compassionate care
- Compassion towards the community we serve
- Diversity committed to the continued development of awareness and appreciation for individual differences within our diverse community
- Empowerment for everyone to have a voice and participate in their own care
- Respect of everyone's unique path towards their own healing.
- · Sincerity in how we treat each other every day

Monday to Thursday 9:00 am To 6:00 pm Friday 9:00 am To 3:00 pm Saturday by appointment



1600 Sarno Rd. Suite #3 Melbourne Fl, 32935





## **Holding Hands Florida**

Family and Children's Counseling Center

Call Today to learn more
321-622-6290
Hablamos Español

Fax number

321 226 5323
info@holdinghandsflorida.com



## **Psychosocial Rehabilitation**

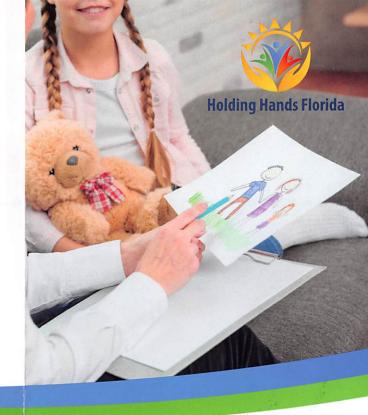
PSR Works to assist individuals with mental conditions to reach a higher level of independence.

The PSR program assists clients with accessing and coordinating services and resources in their communities and works to ensure that the consumer has access to the best possible treatment.

PSR specialist assist clients with learning and developing:

#### **Services:**

- Life Skills
- Social Skills
- Independent Living Skills
- Pre Vocational Services
- Communication Skills



## **Targeted Case Managers**

Provide person-centered care to clients in their home, community, and in an office setting. We assess, plan, implement, and monitor plans based on health and needs. We are here to help clients advocate for themselves, make informed decisions, provide support, make referrals and more.

- Housing
- Food Bank
- Social Security
- Capacity

- Skills
- Transportation
- Employment



# Provider.

### Mental Health Services:

- Family Therapy
- Individual Therapy
  - Couple Therapy
  - Group Therapy
- Parenting Classes
- Cognitive Behavioral Therapy
  - Grief Counseling

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Call Today to learn more 321-622-6290